



The Ultimate Paperwork Checklist for Youth Sports Teams

Hockey, Football, Baseball, Soccer, and Lacrosse

■ *Hockey*

- ■ USA Hockey Registration
- ■ SafeSport Training (players 17+, coaches, managers, volunteers)
- ■ Medical Release / Waiver
- ■ Birth Certificate or Proof of Age
- ■ Player/Parent Contract or Code of Conduct

■ *Football (Youth Tackle / Flag)*

- ■ League Registration (Pop Warner, AYP, or local association)
- ■ Physical Examination / Medical Clearance
- ■ Concussion Awareness Form
- ■ Birth Certificate / Proof of Age
- ■ Parental Consent & Waiver of Liability
- ■ Equipment Agreement / Uniform Deposit

■ *Baseball / Softball (Little League or Travel)*

- ■ League Registration (Little League, Babe Ruth, Cal Ripken, etc.)
- ■ Medical Release Form
- ■ Concussion or Injury Waiver
- ■ Birth Certificate / Proof of Age
- ■ Code of Conduct (players and parents)

- ■ Residency Verification (utility bills, school forms)

■ **Soccer (*Club / Travel / Rec*)**

- ■ US Youth Soccer / US Club Soccer Registration
- ■ Medical Release / Waiver
- ■ Concussion Information Sheet
- ■ Birth Certificate / Passport for ID Cards
- ■ Code of Conduct Agreement

■ **Lacrosse**

- ■ US Lacrosse Membership (player and coach)
- ■ Medical Release / Waiver
- ■ Concussion Awareness Form
- ■ Birth Certificate / Proof of Age
- ■ Player / Parent Contract

■ This list is a work in progress. If your sport has additional paperwork requirements, please help contribute by sending your checklist to **joe.oliveri@benchlocker.com**.

BenchLocker can help track all of this paperwork — and so much more.
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